

Meals per day 'Main Course plus Dessert' will be **£2.60** or Free if applicable

Order from the menu below either **A** or **B** this will be asked each morning in class

DAY	WEEK 1 W/B 3009/19		WEEK 2 W/B 07/10/19		WEEK 3 W/B 14/10/19		WEEK 4 W/B 21/10/19	
Monday	A	Sausages served with chips or mash & veg	A	Sausages served with chips or mash & veg	A	Sausages served with chips or mash & veg	A	Sausages served with chips or mash & veg
	B	Omelette served with chips or mash & veg	B	Chilli Chicken wrap	B	Omelette served with chips or mash & veg	B	Chilli Chicken pasta
	Creamy homemade rice/fruit		Creamy homemade rice/fruit		Creamy homemade rice/fruit		Creamy homemade rice/fruit	
Tuesday	A	Chicken fried rice	A	Chicken & pasta bake	A	Irish Stew	A	Lasagne
	B	Oven baked fish served with mash & veg	B	Oven baked fish served with mash & veg	B	Oven baked fish served with mash & veg	B	Oven baked fish served with mash & veg
	Popcorn cookie & custard		Apple sponge & custard		Cookie & custard		Apple sponge & custard	
Wednesday	A	Roast Lunch	A	Roast Lunch	A	Roast Lunch	<u>Harvest Lunch</u> Chicken Nuggets, Chips, Beans Ice-cream	
	B	Chilli beef pasta	B	Lasagne	B	Oven baked salmon fishcake, Mash & veg		
	Yoghurt & fruit		Yoghurt & fruit		Yoghurt & fruit			
Thursday	A	Spaghetti bolognese	A	Panini & Soup	A	Spaghetti bolognese	A	Panini & Soup
	B	Burger served with mash & veg	B	Chicken drumstick with mash & veg	B	Burger served with mash & veg	B	Chicken drumstick with mash & veg
	Chocolate & date brownie & custard		Fruit meringue		Chocolate & date brownie & custard		Fruit meringue	
Friday	A	Chicken curry with Rice & Naan Bread	A	Chicken curry with Rice & Naan Bread	A	Chicken curry with Rice & Naan Bread	A	Chicken curry with Rice & Naan Bread
	B	Pizza – chips, mash & veg	B	Pizza – chips, mash & veg	B	Pizza – chips, mash & veg	B	Pizza – chips, mash & veg
	Ice cream		Frozen Yoghurt & fruit		Ice Cream		Frozen Yoghurt & fruit	

Fresh drinking water available daily. Fresh fruit, bread and milk served subject to availability. Yogurts are also available for pudding upon request