

Meals per day 'Main Course plus Dessert' will be **£2.60** or Free if applicable

Order from the menu below either **A** or **B** this will be asked each morning in class

DAY	WEEK 1 W/B 07/01/19		WEEK 2 W/B 14/01/19		WEEK 3 W/B 21/01/19		WEEK 4 W/B 28/01/19	
Monday	A	Sausage served with chips or mash & veg	A	Sausage served with chips or mash & veg	A	Burger served with chips or mash & veg	A	Sausage served with chips or mash & veg
	B	Omelette served with chips or mash & veg	B	Chilli Chicken wrap	B	Omelette served with chips or mash & veg	B	Chilli Chicken wrap
	Creamy homemade rice/fruit		Creamy homemade rice/fruit		Creamy homemade rice/fruit		Creamy homemade rice/fruit	
Tuesday	A	Irish Stew	A	Chicken & pasta bake	A	Chicken Fried Rice	A	Irish Stew
	B	Oven baked fish served with mash & veg	B	Oven baked fish served with mash & veg	B	Oven baked fish served with mash & veg	B	Oven baked fish served with mash & veg
	Date krispie & custard		Popcorn cookie & custard		Flakemeal biscuit & custard		Popcorn cookie & custard	
Wednesday	A	Roast Lunch	A	Roast Lunch	A	Roast Lunch	A	Roast Lunch
	B	Chilli beef pasta	B	Lasagne	B	Savoury mince	B	Lasagne
	Chocolate date brownie & custard		Apple sponge & custard		Chocolate & orange muffin custard		Apple sponge & custard	
Thursday	A	Spaghetti bolognaise	A	Panini & soup	A	Spaghetti bolognaise	A	Panini & soup
	B	Beef Burger served with mash & veg	B	Chicken drumstick served with mash & veg	B	Sausages served with mash & veg	B	Chicken drumstick with mash & veg
	Ginger cookie & custard		Fruit meringue		Ginger & fruit cookie & custard		Fruit meringue	
Friday	A	Chicken curry with Rice & Naan Bread	A	Chicken curry with Rice & Naan Bread	A	Chicken curry with Rice & Naan Bread	A	Chicken curry with Rice & Naan Bread
	B	Pizza – chips, mash & veg	B	Pizza – chips, mash & veg	B	Pizza – chips, mash & veg	B	Pizza – chips, mash & veg
	Ice-cream		Fruit Ice-cream		Fruit ice-cream		Fruit Ice-cream	

Fresh drinking water available daily. Fresh fruit, bread and milk served subject to availability. Yogurts are also available for pudding upon request